

**Economic Challenges  
in Pharmacogenetics**  
(for intraoperative paralytics, analgesics,  
antiemetics, and anesthetics)

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**Financial Disclosure**

- I am employed by the University of Iowa, in part, to consult and analyze data for/with hospitals, anesthesia groups, and companies
  - Current projects: Baxter, Hospira, Merck
- Department of Anesthesia bills for my time
  - I receive no funds other than from the University of Iowa, including no travel reimbursement or honoraria
  - I own no healthcare stocks (other than indirectly through mutual funds)
  - I have tenure with no incentive program

**Pseudocholinesterase  
Deficiency**

- Single nucleotide polymorphism
- Occurs in approximately 1 in 2886 individuals

**Pseudocholinesterase  
Deficiency**

- Overestimate cost by pretending that PACU nurse, respiratory therapist, and anesthesiologist's time are variable costs

$$\$0.04 = (1/2,886) \times \text{mean } 2.4 \text{ hr} \times \$169.28 \text{ per hour}$$

Dexter F et al. Anesth Analg 2001

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- Rare events are generally unimportant economically unless cause permanent injury

**Pseudocholinesterase  
Deficiency**

- Similar conclusions from different analyses
  - Toronto Western Hospital
  - 0.3% = 95% upper CI for % total PACU time attributable to pseudocholinesterase deficiency

Chung F, Mezzel G. Anesth Analg 1999

### **Pseudochoolinesterase Deficiency**

- Similar conclusions from different analyses
  - St. Michael's Hospital in Toronto
  - 4.0% = 95% upper CI for % of all PACU nursing workload attributable to "arrived intubated" from any cause

Cohen MM et al. Anesthesiology 1999

### **Pseudochoolinesterase Deficiency**

- Small economic impact of rare events can be generalized to other drugs because is a consequence of extra OR and PACU capacity being reasonable from societal perspective
  - Bottleneck = surgeons > anesthesiologists > CRNAs > nurses, capital

### **Morphine, Methadone, Etc. Extra Pain**

- Examples
  - CYP2D6 and IL-1 Receptor antagonist polymorphisms affect morphine consumption
- Maximum economic cost from extra pain is people's willingness to pay for completely effective postoperative pain relief
  - \$35 The Netherlands, \$50 USA

van den Bosch JE et al. Anesthesiology 2006  
Gan TJ et al. J Clinical Anesth 2003

### **Morphine, Methadone, Etc. Respiratory Depression**

- APSF funding announcement
  - Winter 2009 newsletter, page 50
- Ashraf S. Habib, MB, BCh, Duke University
- Patients receiving naloxone will be identified using computerized surveillance system
- Controls will be matched by age, gender, ethnicity and type of surgery
- Blood will be collected "for analysis of known genetic polymorphisms involving the opioid mu receptor and the CYP2D6 enzyme"

### **Morphine, Methadone, Etc. Respiratory Depression**

- Economic challenges
  - Incidence and consequences of polymorphisms poorly known currently
  - Incidence of postoperative respiratory depression from narcotics is likely low
- Cost of having test result will likely need to be \$20 or less to be cost effective relative to monitoring
  - Unrealistic for genomic testing for anesthesia, but reasonable for information systems to use previously completed tests' results

### **Ondansetron**

- Multiple investigations have shown influence of polymorphisms, variations in promoter regions, etc., on PONV
- You'll know about these studies far more than me, so I won't even try to summarize them
  - Focus on the economics

### Ondansetron

- Maximum economic value from identifying non-responders is people's willingness to pay for completely effective antiemetic  
€67 Germany, \$17 The Netherlands  
\$33 USA, \$56 USA

Kerger H et al. Acta Anaesthesiol Scand 2007  
van den Bosch JE et al. Anesthesiology 2006  
Gan TJ et al. J Clin Anesth 2003  
Gan TJ et al. Anesth Analg 2001

### Ondansetron

- Genetic testing too costly for inexpensive treatment of non-life threatening condition
- Pharmacogenomics for science of better use of drugs (e.g., not rescue ondansetron failure with another dose of 5-HT3 antagonist)
  - Decision support systems are inexpensive since not a variable cost per patient like testing
- Principles apply to many anesthesia issues, specifically pharmacogenomics as tool for developing economically sound treatment plan

### Ondansetron

- Thank Dr. Candiotti for discussing with me another economically reasonable argument
- Patients with 3 copies of the CYP2D6 gene (ultrarapid metabolism) have higher rates of vomiting despite ondansetron prophylaxis

Candiotti K et al. Anesthesiology 2005

### Ondansetron

- Thank Dr. Candiotti for discussing with me another economically reasonable argument
- Patients with 3 copies of the CYP2D6 gene (ultrarapid metabolism) have higher rates of vomiting despite ondansetron prophylaxis
- No rationale for genetic testing of our patients
- Likely good cost effectiveness for decision-support (informatics tools) to apply already completed genomic testing results to optimize anesthetic plans

### Hypothetical Economically Important Examples

- None that I could figure out for this talk for intraoperative anesthetic drugs per se
  - Unless involves application of test results obtained for another (prior) purpose
- Easily Yes for biomarkers and genetic tests predicting magnitude and time course of acute and chronic pain including labor, since such tests would affect *whether* perform procedures at all
  - Cost of anesthesia  $\cong$  time of anesthesia provider

### Economic Challenges in Pharmacogenetics

- Prediction (forecast)
  - Principal issue regarding pharmacogenetics in anesthesia will be learning how best to modify preanesthesia evaluation (information systems) so that prior pharmacogenetic test results are known and are incorporated into anesthetics
- Questions (or email in 10 yr about prediction)
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